

Favorite Foods Show CHECKLIST

Saturday, February 22, 2025

Set-up 15 minute prior to scheduled appointment

Burlington Elementary School Gym

BEFORE THE EVENT:

- Practice setting up your exhibit
- Study the nutritional value of the foods on your menu
- Study food safety procedures you would need to take while preparing and serving your meal
- Prepare your favorite food
 - Take picture of food preparation and final product
- Prepare (Menu and Favorite Food recipe)

ITEMS

- Card Table
- Table Covering
- Centerpiece
- Appropriate dishes
- Appropriate silverware
- Napkin
- Favorite Food Recipe
- Menu
- Pictures of preparation and final product

EXHIBITOR

- Attire
 - Looks clean with neat appearance
- Knowledge
 - How to prepare and serve the foods on menu (especially favorite food)
 - Nutritional value of the meal
 - Portion sizes
 - Food safety
- Traits
 - Be friendly, confident, and excited about what you are presenting!
 - Don't forget to SMILE!!! ☺
- Time
 - Setup 15 minutes prior to scheduled appointment.